

## Summary

We are dedicated to inspiring individuals to develop their talents and potential and so transform the communities in which they live and work. Ultimately, YMCA Training equips both individuals and employers with the tools they need for success. Young people are at the heart of everything we do at YMCA Training, but rather than simply providing a service for young people, we want them to be the driving force. We work with people of all abilities, ages and backgrounds, enabling them to take control of the direction of their lives.

We believe that young people are bursting with ideas, enthusiasm and life and we believe they often know what is best for them. Our Entry to Employment provision helps the learners develop skills they need for work and life, building on their existing skills, which helps them move forward. YMCA Training supports the young learner to ensure a smooth transition into education, training or employment.

## Training

The programme is based around the 3 core strands of skills for life, personal and social development and work experience.

The young person will have the opportunity to achieve a formal skills for life qualification accredited through City and Guilds. The qualifications delivered at YMCA Training are as follows:

- Certificate in adult Literacy and Numeracy at entry level to level 2
- Key skills communication and application of number and ICT at levels 1 and 2
- Wider key skill at level 1 and 2

Personal and Social skills are arguably the most important set of abilities the young person can have. Good personal and social skills can help the young person to communicate with others, improve relationships, get the job they want and progress further in their chosen career path. We cover a wide range of activities, which embed every matter by delivering practical sessions, which include the following:

- Healthy lifestyles – involves research on healthy eating, budgeting and cooking. Raising awareness of issues affecting their own community.
- Employability skills – Choosing the right Career, Interview Techniques, Searching and applying for jobs,
- Communication skills -Team working, self motivation, decision making, problem solving

## Vocational Training

The young person will get the opportunity to try out different jobs on work placements, so the young person can find out what they enjoy and what they are good at. Our placements cover a wide range of occupational areas, which include the following:

- Child Care
- Health and Social Care
- Hair and Beauty
- Business Administration
- Retail

Our placement officer will endeavour to find placements in any chosen area.

