



Young People

If you are a young person we can help you with advice about careers, training, jobs and much more.

Browse through this section of the website to find out more about the Connexions Services, e2e, Foundation Learning and other support that is available to you. Details by area are available on the right hand side of this page.

You can also speak directly to a [Connexions Direct](#) adviser on 0808 0013 219 who can help you with a wide range of advice on everything to do with careers, jobs and training. If you are not sure what you want to do they can help talk you through your options.

If you have received your [A Level results](#) and are unsure about your options, clearing or what to do next, [click here](#) to read advice from our Connexions PAs.

Connexions



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[Leeds \(Targeted Support\)](#)

Training Programmes



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